

Small Steps Create Change

Grow some **veggies.** **Buy** local produce. **Borrow** instead of buy. **Speak up** for nature and **wildlife.** Make more meals from scratch. **Buy** quality. **Reduce, Reuse, Recycle.** Say no to single-use plastic. **Don't** let the media tell you what to buy. **Want** less. **Don't** chuck it, fix it.



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*Our children
deserve a
healthy planet*